Year 4 Daily Schedule

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| Time | Activity | Suggestions | Useful Links |
| Before 9am | Wake up | Eat breakfast, make your bed, get dressed, say a prayer for your day. |  |
| 9.00-10.00 | Get moving/fresh air | Get some fresh air if you can or do some exercise inside.  | Body Coach Kids home workout/Cosmic Yoga kids on YouTube. Or just dance. |
| 10.00-11.00 | Learning time-NO ELECTRONICS | Complete an activity from the blog |  |
| 11.00-12.00 | Creative time-NO ELECTRONICS | Lego, drawing, reading, baking, painting etc. |  |
| 12.00-12.45 | LUNCH | LUNCH | LUNCH |
| 12.45-13.00 | Reading time-NO ELECTRONICS | Book, newspaper or magazine. |  |
| 13.00-14.00 | Quiet time | Reading/puzzles/rest |  |
| 14.00-15.00 | Learning time | Mathletics, spellodrome, purplemash | [www.getepic.com](http://www.getepic.com) (use class code)www.timestables.co.uk |