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| **Time** |  | **Activity** | **suggestions** | **Useful links** |
| Before 9am |  | Wake up | Eat breakfast, make your bed, get dressed.  |  |
| 9.00-10.00 | **Please remember to join Ruth miskins live phonics lessons between 9am and 10am depending on the reading level of your child.**  | Learning time-NO ELECTRONICS  | Complete activity from the blog | [Ruth miskins phonics](https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ/featured) |
| 10.00-11.00 | Get moving/fresh air | Get some fresh air if you can or do some exercise inside. | Body Coach Kids home workout/Cosmic Yoga kids on YouTube. Or just dance. |
| 11.00-12.00 |  | Creative time-NO ELECTRONICS | Lego, drawing, reading, baking, painting etc. |  |
| 12.00-12.45 |  | LUNCH | LUNCH | LUNCH |
| 12.45-13.00 |  | Reading time-NO ELECTRONICS | Book, newspaper or magazine. Practice reading words using phonic sounds learnt.  | <https://new.phonicsplay.co.uk/> |
| 13.00-14.00 |  | Quiet time | Reading/puzzles/rest |  |
| 14.00-15.00 |  | Learning time | purplemash,Get epic, busy things.  | [www.getepic.com](http://www.getepic.com/) (use class code)<https://www.busythings.co.uk/> |
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