

**Read
Write
Inc.**
Phonics

**BOOK
BAG
BOOKS**

NON-FICTION

Running contests



Text by **Abbie Rushton**
Series developed by **Ruth Miskin**

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How to help your child read this book

This book gives your child extra practice in reading a book that includes sounds he or she has learnt at school.

Ask your child to read the Story Green Words and Red Words below, before reading the book. Do not read the book to your child first. Point to the words as he or she reads. If your child hesitates, help him or her to sound-blend the word.

Re-read each sentence or page to ensure your child understands what they are reading. Children's attention is focused on reading the words and they find it hard to focus on the information at the same time.

Don't make them struggle too much and praise them when they succeed. Do it all with patience and love!

Story Green Words

Story Green Words are made up of sounds your child has already learnt. This book contains the following Green Words:

contests office floors sore force
torch helmet knees marathon jungle

Red Words

Red Words are harder to read because the letters represent unusual sounds. Ask your child to read the Red Words, but if he or she gets stuck on a word, read the word to your child. This book contains the following Red Words:

there some who one two where
going called

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Running contests



Written by Abbie Rushton

ST. RINGELT'S SCHOOL
CATHODOX PARK
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CATHODOX PARK
ST. RINGELT'S SCHOOL
CATHODOX PARK

Important note

Read books to your children that are beyond the level they can read for themselves – every evening. They'll only want to become readers if they experience the joy of listening to a range of stories, non-fiction and poetry. Very soon, they will be able to read those books for themselves, as well as listen to them.

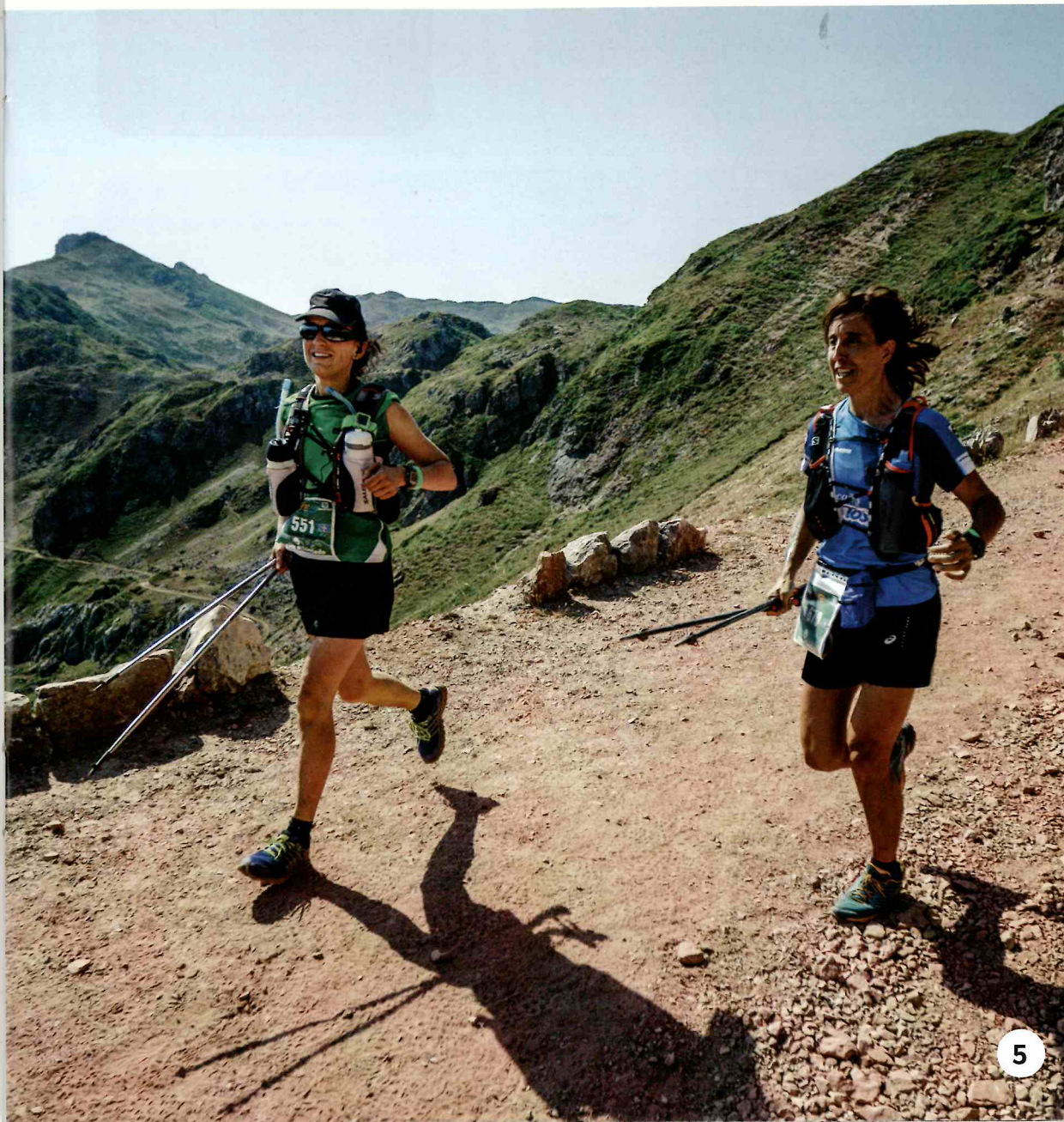
Vocabulary check

Tell your child the meaning of each word in the context of the book.

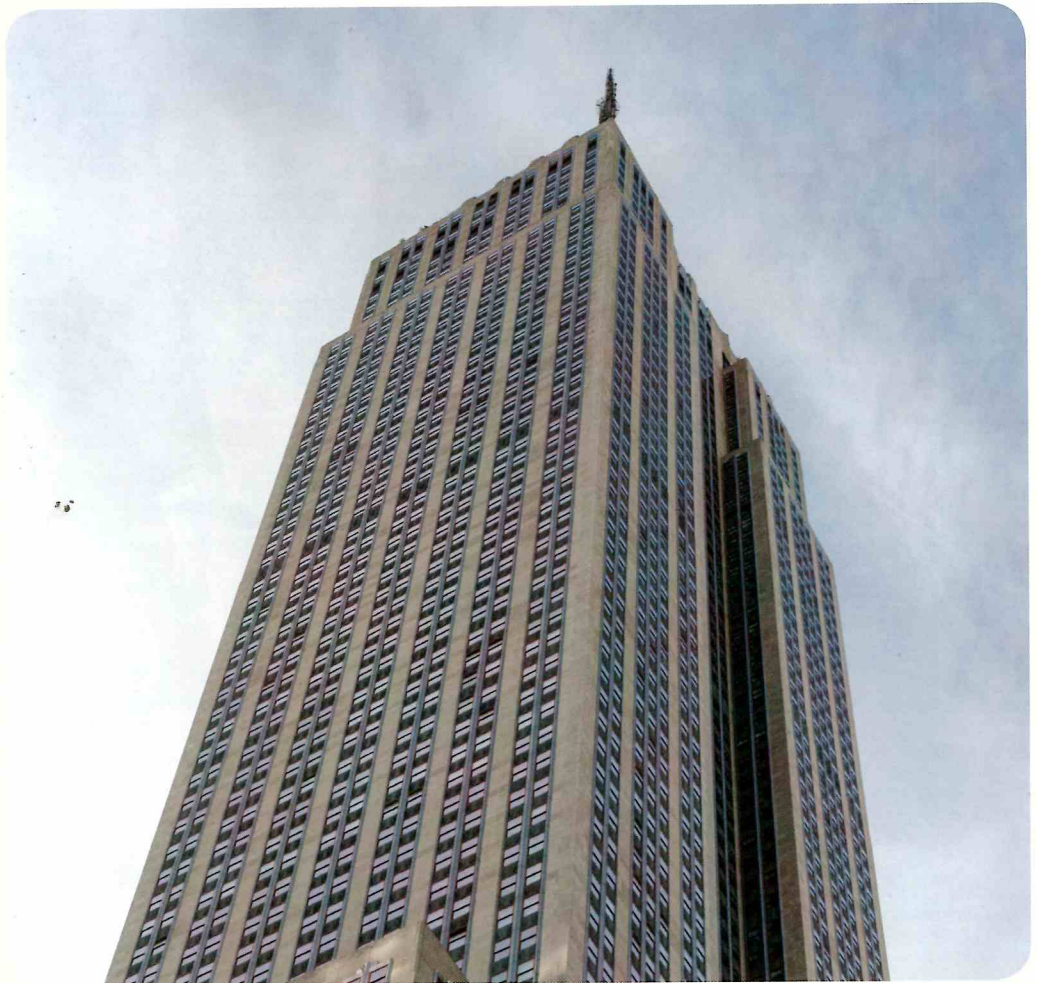
	definition:	sentence:
contest	a competition to see who is the fastest	There are all sorts of running contests.
office block	a building containing offices where people work	In America you can run up to the top of a very tall office block.
dash	go, run or rush	... it is a contest to see who can dash up 86 floors the fastest.
floor	a level in a building, also called a storey	... it is a contest to see who can dash up 86 floors the fastest.
sore	painful or hurting	Your poor legs will be sore ...
force	do something by using energy, power and strength	... if you force yourself up to the top ...
marathon	a tough race, where competitors run for 26 miles	This run is often called the coolest marathon.
jungle	land covered with trees, bushes and vines	This is a hot, wet run in the Amazon jungle.

There are all sorts of running contests.

Let's look at some ...



In America you can run up to the top of a very tall office block. You'll have to be very fit, as it is a contest to see who can dash up 86 floors the fastest.

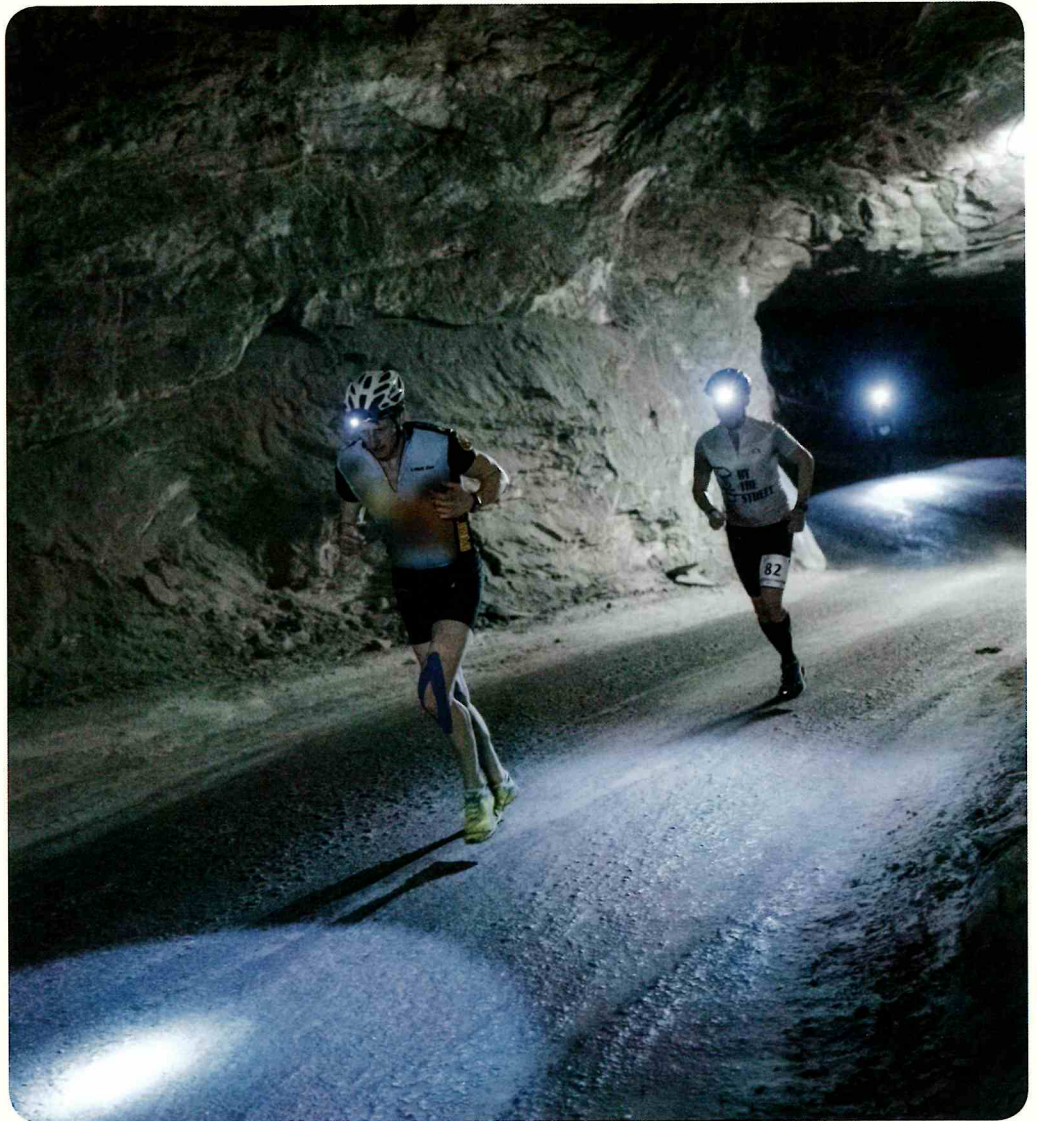


Your poor legs will be sore, but if you force yourself up to the top, you will see one of the best sights in America.

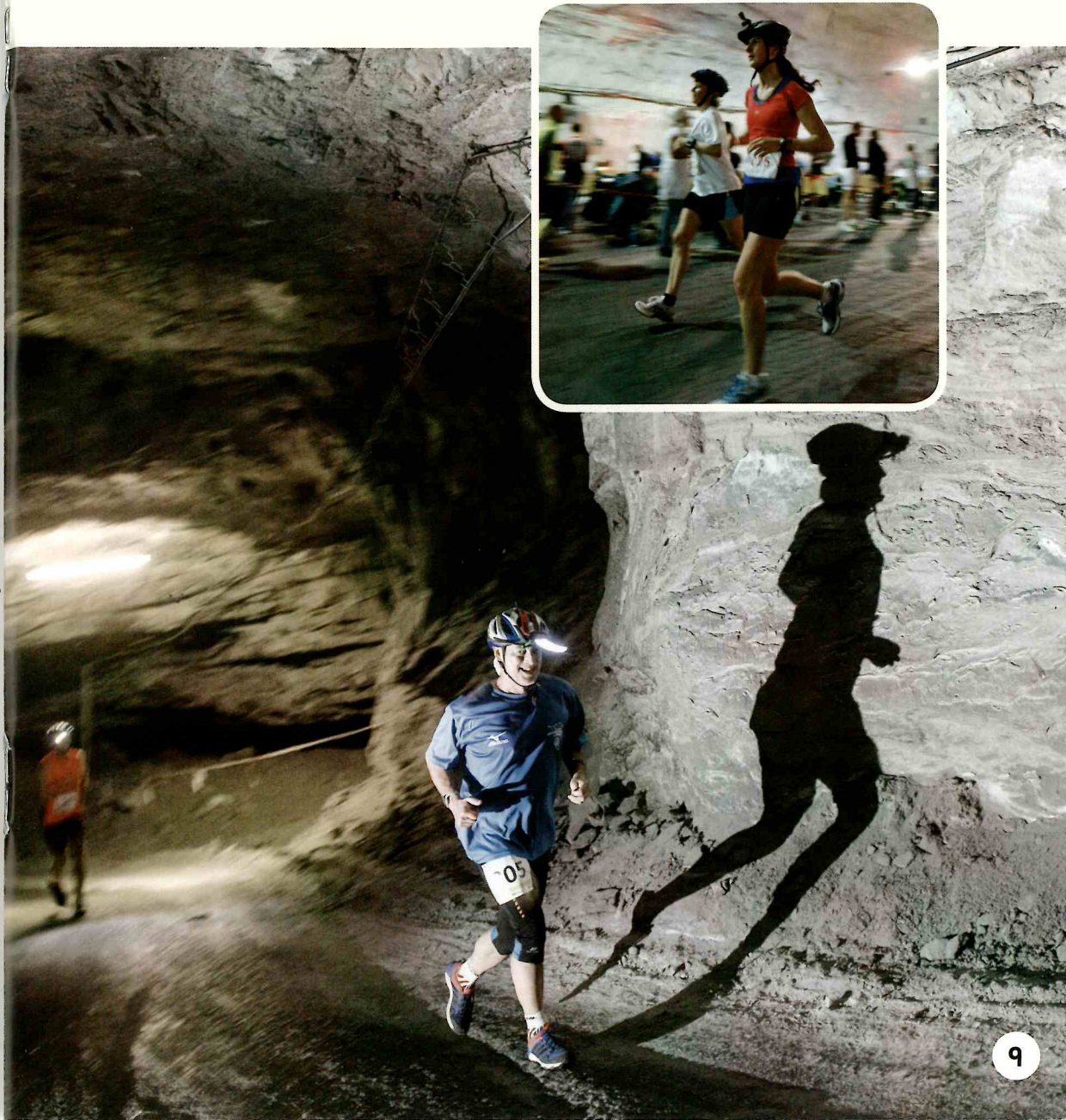


The next run is in the dark. You need two things:
a torch and a helmet.

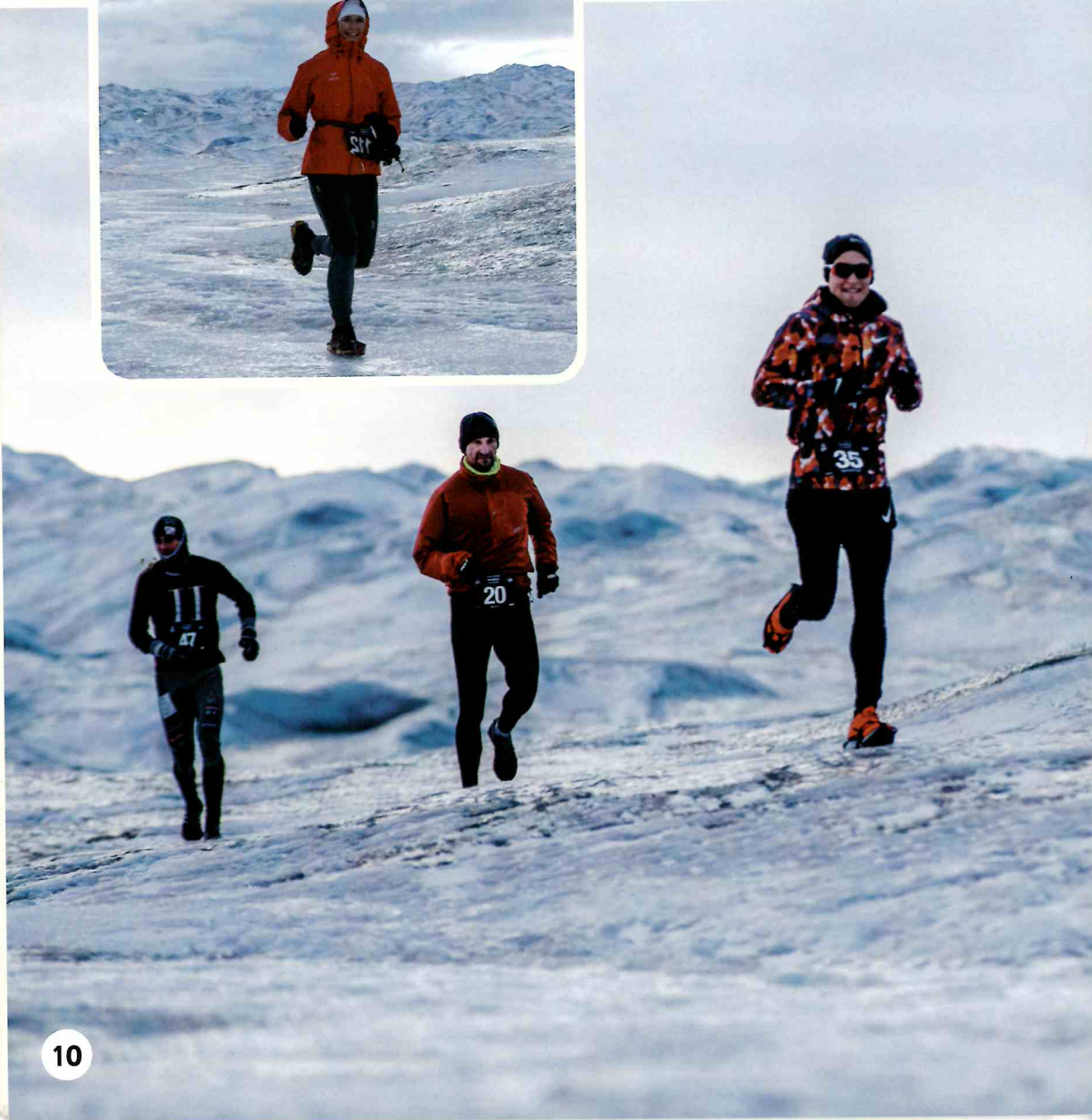
This is a tricky run across solid rock.



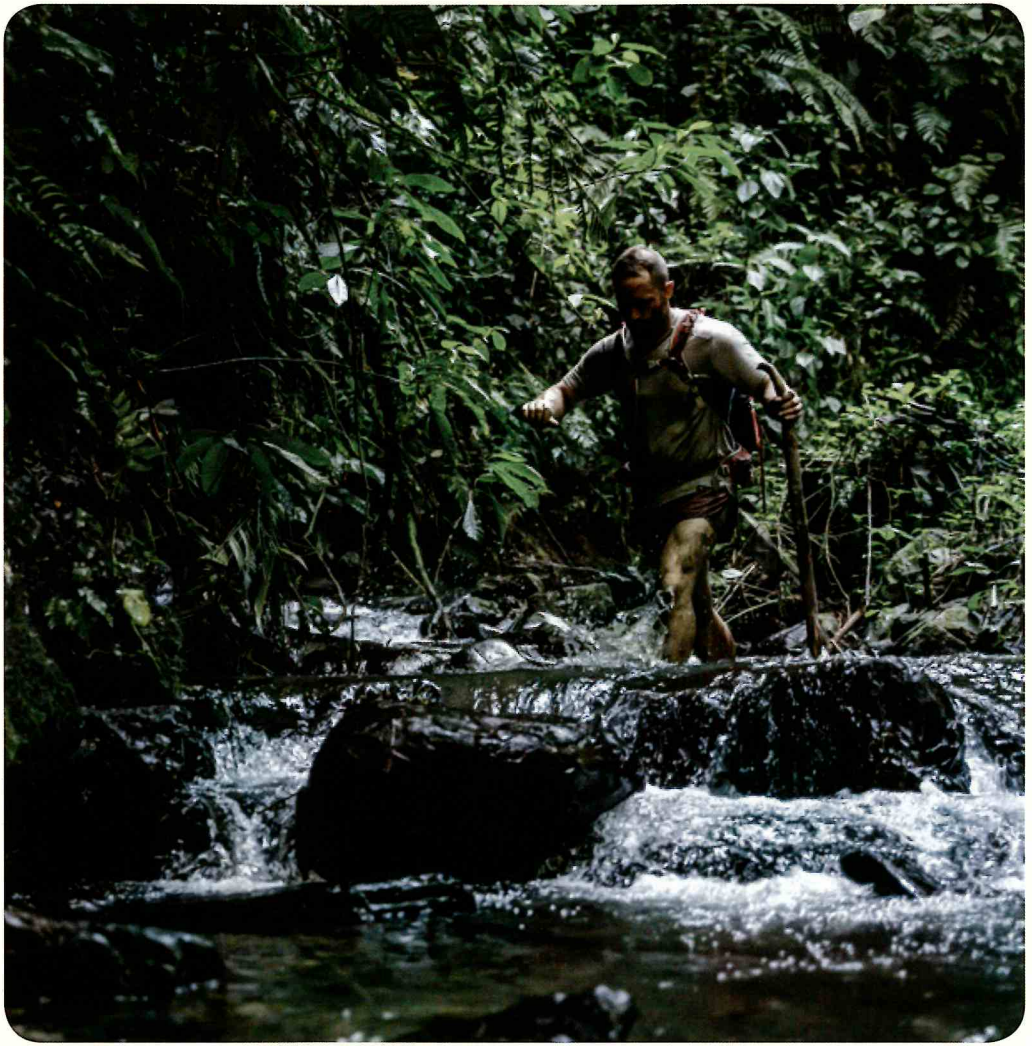
The floor is very bumpy. It is important to look where you are going. If you trip and fall, you might bang your knees on the rock.



This run is often called the coolest marathon. It is in Greenland, which is very far north. Before you go, pack a hat! It is important to dress for the cold.



This is a hot, wet run in the Amazon jungle.
You must carry a sleeping bag and food.



There are big plants, steep hills and lots of mud.
You might see jungle animals and insects.

There are lots of running contests to have a go at.
Running is one of the best sports!



Think about the text

Talk with your child about how each run is different.

Which run is cold?

Which run is high up?

Which run is dark?

Which run is hot?





Questions to read and answer

Ask your child to read the sentences and choose the correct answer.

1. In the office block run in America, there are **26 / 46 / 86** floors to run up.
2. The run in the dark is a tricky run across solid **sand / glass / rock**.
3. The floor of the run in the dark is very **flat / sandy / bumpy**.
4. The run in Greenland is the **hottest / coolest / wettest** marathon.
5. In the jungle run, you need to carry a **hat / helmet / sleeping bag**.



Questions to chat about

Read the questions aloud to your child and ask him or her to find the answers on the relevant pages. Do not ask your child to read the questions – the words are harder than he or she can read at the moment.

- pp.6–7** Why will your legs be sore after the office block run?
- p.8** What are the two things you need for the run in the dark?
- p.10** Why is it important to wear warm clothes for the Greenland marathon?
- p.11** What might you see during the Amazon jungle run?

Which race do you think is the most exciting?

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Running contests

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