WEEK 1

STEP 1

Choose from...

Main

Vegetarian

Combo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Home-made Pizza to go with Carrot and Coriander Salad, Homemade Potato Wedges	Chicken Sausage to go with Baked Beans, Homemade Herby Diced Potatoes	Minced Beef Pasta Bake to go with Broccoli, Carrots	Chicken Curry to go with Mixed Rice, Garlic & Coriander Naan Bread, Asian Cucumber Salad	Fish Fingers to go with Chips, Peas
Roasted Vegetable Pasta Bake to go with Carrot and Coriander Salad, Homemade Garlic Bread	Vegan Sausage to go with Baked Beans, Homemade Herby Diced Potatoes	Red Lentil Curry to go with Broccoli, Carrots	Cauliflower & Spinach Curry to go with Mixed Rice, Garlic & Coriander Naan Bread, Asian Cucumber Salad	Quorn Burger to go with Chips, Peas
Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Salmon & Tomato, Mixed Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
SandwichBaguette to go with Mixed Salad, Homemade Potato Wedges with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Mixed Salad, Tortilla Crisps with choice of fillings Tuna Mayo, Ham, Grated Cheese	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese	SandwichBaguette to go with Chips, Mixed Salad with choice of fillings Tuna Mayo, Ham, Grated Cheese
Apple Sponge	Raspberry Sponge	Homemade Shortbread	Apricot Flapjack	Raspberry Ripple Ice-cream Roll
Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Jelly

STEP 2

...and to finish!

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information